

What's On...

Upcoming outings and activities.

April - June 2019

Please call **9763 9700** if you would like to book.

Bookings essential prior to all outings

March	26th	Outing
April	1st	Men's Lunch - Feast Ferntree Gully
	2nd	Shopping outing
	9th	Morning Melodies - Royal Hotel FTG
	16th	Council bus outing
	16th	Carers Lunch - Venue TBC
	19th	Good Friday - office closed
	22nd	Easter Monday - office closed
	25th	Anzac Day - office closed
May	6th	Men's Lunch - Feast Ferntree Gully
	7th	Shopping outing
	14th	Morning Melodies - Royal Hotel FTG
	17th	Fundraising Bunnings BBQ - Volunteers required
	21st	Carers Lunch - Venue TBC
	28th	Shopping outing
June	3rd	Men's Lunch - Feast Ferntree Gully
	10th	Queens Birthday - office closed
	11th	Movie Day outing
	18th	Carers Lunch - Venue TBC
	18th	Morning Melodies - Sandown Hotel
	25th	Shopping outing

For all enquiries about our services please call our office on **9763 9700**

Weekly Activities

MONDAY

Men's Lunch

1st Monday of the Month at Feast in
Ferntree Gully

Monday Madness-Social group

10.00 - 12.00 at Carrington Park

Knitting

1.30pm - 3.30pm at Carrington Park

Activity Group (Chair-based exercises)

1.30pm - 3.30pm at HV Jones Pavilion, FTG

TUESDAY

Various outings, shopping and
Morning melodies

WEDNESDAY

Woodwork

9.00am - 1.30pm at Carrington Park

Coffee & Chat

10.00am - 12.00pm at various coffee shops

Have a Yarn

1.30pm - 3.30pm - Carrington Park

THURSDAY

Craft and Woodwork

9.00am - 1.30pm at Carrington Park

All Sorts Group

1.00pm - 3.00pm at HV Jones Pavilion, FTG

FRIDAY

Craft and Woodwork

9.00am - 1.30pm at Carrington Park

Friday Social Group

10.00am - 12.30pm at The Haven ,Boronia

Activity Group (chair-based exercises)

1.30pm - 3.30pm at The Haven, Boronia

**EXISTING CLIENTS ARE WELCOME TO
COME ALONG FOR A FREE TRIAL TO ANY
OF OUR ACTIVITIES -**

**Contact the office and speak to
Lyn or Fiona**

There is something for everyone:

Coffee shops

Knitting

Woodwork

Craft

Movers & Shakers Exercise

Evergreen Social

Morning Melodies

Outings

Did you know that our programs also include:

Phone a Friend Program

Friendly Home Visits

Pet Companion Program

Community Shopping Buses

Every Wednesday for [City of Knox Residents](#)

\$8 return

Every Thursday for [Shire of Yarra Ranges](#)

Residents

\$8 return

**Knox City or Stud Park
Shopping Centres**



11:00am - 1:30pm

Bookings Essential

Phone the office on 9763 9700



Please let us know if you would like to volunteer and assist us
with any of our groups.

Phone the office on 9763 9700